Indiana Patient Safety Center
of the Indiana Hospital Association

WAKE UP

WAKE UP promotes opioid and sedation management with the goal of reducing unnecessary sleepiness and sedation.

Reducing unnecessary sleepiness and sedation allows for early mobilization, reduction of delirium, decreased risk of respiratory compromise and shortened length of stay. Monitoring reversal agents and maintaining a continued emphasis on minimal sedation can help prevent several harm Events including ADE, FTR, delirium, falls, VAE, VTE and airway safety. Over-sedation is a common adverse drug event.

There are plenty of resources available at HRET-HIIN.org, including those listed below, to help your organization address these harm events and engage with the UP Campaign. (See backside of handout for delirium & sedation management resources.)

WAKE UP Resources	
Topic	**Link**
Introduction to the UP Campaign	https://www.youtube.com/watch?v=EIrCQ8nCvI4 or http://www.hret-hiin.org/Resources/up_campaign/17/up_campaign_presentation_generic.pdf
ADEs	http://www.hret-hiin.org/topics/adverse-drug-events.shtml
FTR	http://www.hret-hiin.org/resources/display/hen-20-failure-to-rescue-proactively-identify-patients
Delirium	http://www.hret-hiin.org/topics/iatrogenic-delirium.shtml
Falls	http://www.hret-hiin.org/topics/injuries-from-falls-immobility.shtml
VAE	http://www.hret-hiin.org/topics/ventilator-associated-event.shtml
VTE	http://www.hret-hiin.org/topics/venous-thromboembolism.shtml
Airway Safety	http://www.hret-hiin.org/topics/airway-safety.shtml

WAKE UP Resources

View the below resources for information on sedation and opioid management

IHA Addressing Substance Abuse Toolkit: *https://www.ihaconnect.org/member/resources/Pages/Checklist.aspx*

Wake-Up Campaign HIIN Resources
- Iatrogenic Delirium Change Package: *http://www.hret-hiin.org/Resources/iatrogenic_delirium/17/HRETHIIN_Delirium_ChangePackage_508.pdf*
- Iatrogenic Delirium Checklist: *http://www.hret-hiin.org/Resources/iatrogenic_delirium/17/delirium_checklist.pdf*
- Physician & Nursing Education Objectives: *http://www.hret-hiin.org/Resources/up_campaign/17/up_campaign__physician_508.pdf*
- Recorded Up Campaign overview: *http://www.hret-hiin.org/engage/up-campaign.shtml* and *http://www.hret-hiin.org/resources/display/hret-hiin-up-campaign-the-way-up*
- HRET Wake-Up Webinar Oct. 2017: *http://www.hret-hiin.org/resources/display/hret-hiin-wake-up-virtual-event*

ABCDEF Bundle Resources for ICU: *http://www.iculiberation.org/Pages/default.aspx*
- 2013 SCCM Pain, Agitation and Delirium (PAD) Guidelines: *http://www.ucsfcme.com/2013/MAN13002/slides/3.%20Barr%20UCSF-PAD_UCSF_format_(Barr_v5-29-13).pdf*
- Critical Care Nurses' Role in Implementing the ABCDE Bundle: *https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3375171/*

Delirium Monitoring & Assessment
- HIIN Delirium Resources: *http://www.hret-hiin.org/resources?p=1&topic=iatrogenic-delirium*
- Delirium triage screening & confusion assessment tools & videos for ICU & non-ICU settings: http://www.icudelirium.org/non-icu.html
- Patient & Family Engagement in delirium management: http://www.icudelirium.org/patients.html

Pain Management
- Non-pharmacologic & post-op interventions: *http://www.mayoclinic.org/pain-medications/art-20046452*
- Joint Commission Pain Assessment and Management Update July 2017: *https://www.jointcommission.org/assets/1/18/Joint_Commission_Enhances_Pain_Assessment_and_Management_Requirements_for_Accredited_Hospitals1.PDF*
- Advancing the Practice of Pain Management Under the HHS Opioid Strategy: *https://www.hhs.gov/blog/2017/11/01/advancing-the-practice-of-pain-management-under-the-hhs-opioid-strategy.html*
- Stem the Tide: Addressing the Opioid Epidemic Toolkit (AHA): *http://www.aha.org/content/17/opioid-toolkit.pdf*
- Teachback for Pain Management: *https://www.uclahealth.org/nursing/teach-back-pain-management*
- Pain, Agitation and Delirium in ICU Guidelines: *http://www.learnicu.org/SiteCollectionDocuments/Pain,%20Agitation,%20Delirium.pdf*

VAE
- Toolkit To Improve Safety for Mechanically Ventilated Patients: *https://www.ahrq.gov/professionals/quality-patient-safety/hais/tools/mvp/index.html*
- Our Lady of Lourdes Regional Medical Center: *http://www.hret-hiin.org/Resources/vae/16/VAE-Our-Lady-Lourdes-Regional-Medical-Center-Case-Study.pdf*
- St. Jude Medical Center VAE Case Study: *http://www.hret-hiin.org/Resources/vae/16/VAE-StJude-Medical-Center-Case-Study.pdf*