



PLAYBOOK

FOR ENHANCING INDIANA'S MENTAL
AND BEHAVIORAL HEALTH WORKFORCE

FOR IMMEDIATE RELEASE

Bowen Center Releases 'Playbook' for Addressing Mental Health Care Workforce Shortage

The Bowen Center for Health Workforce Research and Policy at Indiana University School of Medicine is pleased to present the [***Playbook for Enhancing Indiana's Mental and Behavioral Health Workforce***](#). This set of recommendations aims to strengthen Hoosiers' mental health services.

Every county in Indiana has a federally designated mental health workforce shortage, which contributes to untreated mental illness. It's estimated that over **300,000 Hoosiers are going without mental health care** and **more than 50% of Hoosier youths with depression are not getting treatment**.

Indiana's mental and behavioral health workforce plays an integral role in addressing these challenges. Developed with expert advisors from across the state, the Playbook focuses on four key areas of recommendation:

- **SECURE THE PIPELINE**
- **STRENGTHEN CLINICAL TRAINING**
- **ALIGN EDUCATION POLICY AND PRACTICE**
- **ASSESS THE SCHOOL-BASED BEHAVIORAL HEALTH WORKFORCE**

Production of the Playbook was funded by Lilly Endowment. More information about the project can be found [here](#).

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